

Early Intervention Group Programs

At Aspire, we offer a range of play-based early intervention groups throughout the year for children (aged 0-6), and their families. Groups are 1.5 hours per week, and run during NSW school terms.

Children and families will be given opportunities to have fun, develop friendships and engage in indoor and outdoor play, group music, story time and snack time.

Our groups are planned using your child's NDIS and IFSP goals and may focus on areas such as:

- Engagement, interaction and communication skills
- Sensory development and regulation skills
- Play Skills
- Flexibility, resilience and following routines
- Self-care skills

For more details about the groups or to register your interest to join, please contact our Specialist Services Intake team.

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